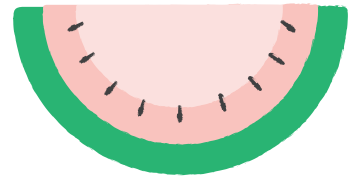


# SUMMER



# SCREEN TIME

**FOR EVERY 30 MINUTES YOU SPEND DOING ONE OF THE FOLLOWING ACTIVITIES, YOU WILL EARN 15 MINUTES OF SCREEN TIME.**

- **READ A BOOK**
- **PLAY OUTSIDE**
- **PRACTICE A SPORT**
- **WORK IN SCHOOL WORKBOOK**
- **DO AN ART/CRAFT PROJECT**
- **PRACTICE AN INSTRUMENT**
- **BAKE SOMETHING**
- **PLAY WITH TOYS**
- **GO ON A BIKE RIDE OR WALK**
- **WRITE A STORY**
- **PLAY A BOARD/CARD GAME**
- **MAKE UP A DANCE**